

FORMAT FOR MANUSCRIPT PREPARATION

Format :

- Title page
- Abstract
- Text
- References.

1. TITLE PAGE

Title : Includes only the title of the manuscript not exceeding 10-15 words and avoid Abbreviations.

Author information: Includes name (s) of author(s) preferred form of an author's name is first name, middle initial (s), and last name, higher academic degree, designations, current position, and name of the institution, address for correspondence, telephone, fax number and e-mail address.

In case of multiple authors, the names should be listed in the order of authorship with the consent from all authors. Omit all titles and degrees.

2. ABSTRACT

Abstract: Written abstract should not exceed two hundred and fifty words. Research manuscript abstract needs to have the purpose, study design, method, results, and clinical implications with 3-7 key words.

3. TEXT

Style: British and American spellings are acceptable and present ideas in an orderly and precise manner.

Typing and margin: The manuscript should type with double space on one side of standard A4 size white bond paper with a minimum of one inch margin on all four sides.

Pages: Should be 4 to 6 pages with not more than twenty seven lines of text on each page. Page Number of all pages (except art work for figure) should be at the bottom centre page starting from the title page.

Tables: Tables should be typed double spaced on separate sheets and numbered with an Arabic numeral. The maximum number of tables and figures can be only up to five per manuscript. Do not duplicate tables and text.

Figure: Each figure must have a corresponding legend, typed in double space on a separate sheet of paper and numbered with an Arabic numeral. Explain all symbols used.

Copies: Send the manuscript by mail as the three copies of hard copy or CD or e-mail in Microsoft word format.

Text : Text should be 1.5 spaced. The text size shall be 12 Font size with Times New Roman font and include page numbers in the manuscript.

Introduction: Need for the study, Aim of the study, Statement of the problem, Objectives, Operational definitions, Assumption/Hypothesis and expected outcome.

Methodology: Research approach, Research design, Setting, Population, Sample, Sample size, Sampling technique, Criteria for sample selection, Variables, Description of tools, Institutional Ethical clearance, pilot study, Data collection procedure and Plan for Data Analysis.

Results: It should be given in logical sequence in the text, tables and illustrations, giving most important or main findings. At least four tables and figures should be added.

Discussion: It must include summary of key findings, strengths and limitations of the study and controversies raised by the study, attritions (if there), Repetition of result/ table to be avoided.

Conclusion: The conclusion should include a restatement of initial thesis; summarize key points, make new research suggestions and recommendations for future research. The author create a good impression, and end the paper on a positive note.

4. REFERENCE

Reference: References should be in Vancouver's style with minimum 10-15 references and all the references should be numbered. A reference is a detailed description of the source of information that you want to give credit to via citation.

Examples:

Books

Surname Initial(s). Book title. Edition – if available: Publisher, place of publication; Year.

Personal author(s)

Rang HP, Dale MM, Ritter JM, Moore PK. Pharmacology. 5th ed. Edinburgh: Churchill Livingstone; 2003.

Editor(s) or compiler(s) as authors

Beers MH, Porter RS, Jones TV, Kaplan JL, Berkwitz M, editors. The Merck manual of diagnosis and therapy. 18th ed. Whitehouse Station (NJ): Merck Research Laboratories; 2006.

Authored chapter in edited publication

Glennon RA, Dukat M. Serotonin receptors and drugs affecting serotonergic neurotransmission. In: Williams DA, Lemke TL, editors. Foye's principles of medicinal chemistry. 5th ed. Philadelphia: Lippincott Williams & Wilkins; 2002.

Electronic material

World Health Organization (WHO). Mortality country fact sheet 2006 [internet]. Geneva: WHO; 2006. Available from: www.who.int/whosis/mort_emro_pak_pakistan.pdf

CASE STUDY

A nursing case study in a research format focuses on analyzing a patient's health situation within the context of a specific nursing intervention with **1,500-3,000 words** approximately. It involves a detailed examination of the patient's history, assessment, diagnosis, interventions, and outcomes, often using a structured format and drawing on relevant research to support analysis.

Key Components of a Nursing Case Study in Research Format:

These guidelines for the writing of case studies are designed to be consistent with the "Uniform Requirements for Manuscripts submitted to "APNJ" by authors.

Title page: The title page will contain the full title of the article.

Title: The title should contain the phrase "case study," as is appropriate to the contents.

- ❖ A nominal title is a single phrase, for example "A case study of hypertension which responded to spinal manipulation."
- ❖ A compound title consists of two phrases in succession, for example "Response of hypertension to spinal manipulation: a case study." Keep in mind that titles of articles in leading journals average between 8 and 9 words in length.

Author information: Includes name (s) of author(s) preferred form of an author's name is first name, middle initial (s), and last name, higher academic degree, designations, current position, and name of the institution, address for correspondence, telephone, fax number and e-mail address.

Abstract: Abstracts should write either narrative style or structured style.

Introduction: A brief overview of the case, including the patient's demographics, medical condition, and the reason for admission. It should also highlight the research question or focus of the case study.

Patient History: A comprehensive account of the patient's medical history, including past illnesses, surgeries, medications, family history, social and personal history.

Assessment: A detailed description of the patient's physical and mental health status, including observations, vital signs, and relevant examination findings.

Nursing Diagnosis: Nursing diagnosis based on the assessment data and identification of the patient's nursing needs or problems and aligned with nursing theory.

Nursing Interventions: The nursing diagnoses section should detail the specific interventions implemented, the rationale and documentation related to the patient's progress.

Outcome Evaluation: An assessment of the patient's response to the nursing interventions, including both positive and negative outcomes. This section should also highlight any changes in the patient's condition or any challenges encountered during the intervention process.

Discussion/Analysis: A critical examination of the case study, drawing on relevant research and nursing theory to interpret the findings. This section should address the key questions raised in the introduction and explain how the case study contributes to the understanding of the patient's condition.

Conclusion: A summary of the case study findings, including any recommendations for future care, highlight the significance of the case study and its implications for nursing practice.

Research format consideration:

- ✓ **Structured format:** Follow a standardized format to ensure clarity and consistency in reporting
- ✓ **Evidenced Based Practice :**Support claims and recommendations with evidence from research guidelines and best practices
- ✓ **Critical Analysis:** Analyze the case study findings critically, considering both the positive and negative aspects of the intervention.
- ✓ **Objectivity:** Present the case study objectively, avoiding personal opinions or biases. .
- ✓ **Clear and Concise Writing:** Use clear and concise language to communicate the findings effectively.
- ✓ **Discussion:** Generate all of the possible hypotheses that might explain the course of the patient's condition. Finally, summarize the lessons learned from this case.
- ✓ **References:** References should be listed as described elsewhere in the instructions to authors and not more than 15 references without some clear justification. Try to avoid using textbooks as references, a reference list in Vancouver Style must also be included.

ACKNOWLEDGEMENT AND REVIEW PROCESS:

All manuscripts will be peer reviewed. The review process will take a minimum of three months. The editors and the editorial board judge manuscripts suitable for publication and decision by the Editor-in-Chief are final. The decision of acceptance/rejection/recommendation for re-submission after revision will be intimated to the corresponding author. The author needs to pay Rs.2000/-for the manuscript processing after acceptance by the Editorial advisory board.

Rejected manuscript will be returned if self addressed and stamped envelope is enclosed. Please enclose a postage paid self addressed envelope for acknowledgement of receipt of article. The author needs submit both hard copy and soft copy (may be submitted via email) of manuscript to the Editorial advisory board. All research manuscripts need to be submitted along with the copy right form, declarative statement, and disclosure of conflicts of interest form. Other manuscripts require only copyright form.

Undertaking by Author(s)

I/We, the undersigned, give an undertaking to the following effect with regard to my/our article entitled

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_____ "

Submitted for publication in the APNJ (ANDHRA PRADESH NURSING JOURNAL) 1. The article mentioned above has not been published or submitted to or accepted for publication any form, in any other journal

2. I/We declare that I/We contributed significantly towards the research study i.e., (a) conception, design and / or analysis and interpretation of data and to (b) drafting the article or revising it critically for important intellectual content and on (c) final approval of the version to be published.

3. I/We hereby acknowledge APNJ conflict of Interest policy requirement to scrupulously avoid direct and indirect conflicts of interest and, accordingly, hereby agree to promptly inform the editor or editor's designee of any business, commercial, or other proprietary support, relationships, or interests that I/We may have which relate directly or indirectly to the subject of the work.

4. I/We also agree to the authorship of the article in the following sequence:

Authors' Names (in sequence)

Signature of Authors

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4. _____

Date:

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Note: All the authors are required to sign independently in this form in the Sequence given above